

Arjuna awardee Shakti Singh effectiveness as sports administrator and promoter: A case study

Vishal Kumar¹, Kuldeep Nara²

Abstract: The current study's objective was to assess Shakti Singh's effectiveness as a sports administrator and promoter. He was the laureate of the Arjuna Award. Mr. Shakti Singh is the chief coach of the national centre of excellence in Patiala right now. Using a self-structured, open-ended questionnaire created by the researcher, a sample of 25 male and female participants respectively, as well as several demographic variables like gender and level of participation association, were evaluated to determine each participant's effectiveness as an administrator and promoter. The survey asks 18 questions, which must be completed in a certain amount of time using the Likert scale. Using IBM SPSS 20.0's chi-square test, the correlation was evaluated. For degree of freedom 3 and 1, the chi-square result for gender, and level of accomplishment yielded sig. values of 0.707, and 0.158, respectively, which were insignificant since they were higher than 0.05. According to the replies received and the researcher's interactions with different athletes and officials, Mr. Shakti's efficacy was widely acknowledged and his aspirations for sports, notably track and field, are obvious.

Key Words: Shakti Singh, Arjun Award, Effectiveness, Administrator/Promotor and Chi-square

INTRODUCTION

Participation in athletic activities can have a multifaceted impact on the process of personality development. To create a mature kind of personality, one needs to make peace with the frustrations and tensions that come with life, as well as the social and environmental influences, as well as the biological aspects. Participation in sports will invariably result in the development of leadership skills inside an individual. Personality is a phrase used to characterise the individual that appears when a person grows, matures, and reacts to the hundreds of environmental stimuli that surround him. Personality is a term used to characterise the individual that emerges as a person grows, matures, and reacts to the environment. The acquisition of social values, and notably sportsmanship, needs to be an integral part of the purpose of the individual. In order for learning to take place, the outcomes of this purpose need to be acknowledged and made satisfying. (Shankar Sure & Dr. MS Pasodi, 2021)

In this regard, case studies of persons conducted by people like Sigmund Freud (1923), Abraham Maslow (1970), and James Allport (1937), amongst others, have paved the way. The findings of these psychologists have had a significant impact on how the world is viewed; the explanation and modification of human behaviour for the better can be attributed to their work. Such studies always shed new light and provide a new understanding of people, their nature, personality, and social achievement, among other things. Therefore, in order to follow this great heritage and traditions, an attempt has been made in this research work to study a sport personality in detail in order to understand the working dominant patterns of thoughts, emotions, values, and so on against the backdrop of the individual's socioeconomic background and wholesome personality. (Allport GW, 1937)

Mr. Shakti Singh Rangi, an Indian athlete who participated in the discus and shot-put events, is the focus of this piece of study. On May 14, 1962, Mr. Singh was born. Mr. Shakti Singh was raised in a small hamlet in Haryana. There, he was heavily influenced by his great-heroic grandfather's personality in relation to independence struggle and his athleticism. Mr. Singh also credits his genetic superiority to his mother, stating, "My mother grazed the field, and she always lifted double her own weight on her head." Mr. Singh makes this statement in the context of describing his mother's accomplishments. According to a number of sources that the researcher looked into and obtained confirmation from, Mr. Shakti Singh was seen to be drinking a lot of milk and ghee during his childhood. When he entered his adolescent years, he gradually came to the realisation that his potentials in terms of his physical and physiological capabilities set him apart from others. Mr. Shakti Singh moved to Dehradun to pursue a career in defence service. In the early 1980s, he had his first experience with sports at the ITBP centre, where he quickly distinguished himself as an outstanding athlete and launched his career in sports. Later on in his life, Mr. Singh served in the Haryana police and the CISF in the 1990s. It was around this time that he came across an Olympic thrower named Mark Wilcon's book on throwing, and he credits this book alone for his success. Mr. Singh resigned from the CISF as Assistant Commandant and then joined NSNIS, Patiala as Head coach. He is now working there with emerging talents like as Neeraj Chopra, Anil Singh, and many more, to mention a few. (Haribhoomi TV & @haribhoomitv, 2022)

Mr. Shakti Singh as sports person in late 1980's was regarded as the best athlete of India, according to several reports he broke

his own record 15 times during his careers. He was decorated and medallist athlete in Asia once in 1990's. His personal record for the shot put is 20.60 metres, which he achieved in Bangalore in July of 2000. His best throw ever in the discus was 61.72 metres, which he accomplished in June of 1994 at Bangalore.(World Athletics, 2022)

To the present-day Mr. Singh is heading as Chief coach at National centre of excellence, NSNIS Patiala, and influencing their administration and sports promotion. The researcher's goal in this investigation is to establish an association between the administrative approach and the sports promotion perspective of Mr. Shakti Singh in terms of certain demographic factors.

METHODS

Selection of variables

In order to complete the case study on Mr. Shakti Singh's effectiveness in sports administration and promotion for selected demographic variables such as gender and highest level of achievement.

Selection of Subjects

Table 1 Association of demographic with effective Administration/Sports Promotion approach. Abbreviations: df, degree of freedom; X², chi-square statistic

Demographic variable		N		df	Calc. X ² value	Table X ² value	p
		Male	Females				
Gender		25	25	1	0.14	3.84	0.707
Level of achievement	State	5	4	3	3.69	5.99	0.158
	National	10	8				
	International	5	8				
	Others	5	5				

RESULTS

The selected demography of subjects is depicted in table 1 above, according to which 25 males and female's respondent for the questionnaire. Whereas, according to level of achievement 5 male and 4 female state athletes, 10 male and 8 female national athlete, 5 male and 8 female international athlete, 5 male and 5 female of others i.e., administrator presented in the study.

The result of chi-square for gender, and level of achievement at degree of freedom 1 and 3 obtained sig. value was 0.707 and 0.158 respectively which was insignificant as they are more than 0.05.

DISCUSSION

The results of the chi-square test, which was used to determine whether or not administrative/sports promotion approach of Mr.

In this present study, the subjects were selected from various field as study focuses on measuring Mr. Shakti Singh's effectiveness in sports administration and promotion. In total, 50 subjects were chosen, 25 males and 25 females, with the highest achievement, i.e., state, national, international or other, including office staff.

Data collection

Case studies mainly rely on pen and paper approach, so is ours. The selected subjects were subjected to self-constructed static (closed-ended questionnaire of Likert scale) format. The questionnaire was developed under guidance of eminent physical educators and administrative personalities. The questionnaire consists of 18 questions answered in Likert scale ranging from strongly agree to strongly disagree format in given time.

Statistical analysis

In order to analyse the effectiveness of Mr. Shakti Singh's effectiveness in sports administration and promotion the collected data was subjected to Chi-square test of association in IBM SPSS 20.

Shakti Singh is associated with certain demographic variables such as gender, and highest achievement, are presented in Table 1. At 0.05 levels of significance, the calculated chi-square values of gender, and level of achievement are less than their respective chi-square table values. With respect to administrative/sports promotion approach of Mr. Shakti Singh, there is no statistically significant difference between groups of demographic variables, such as gender, and highest achievement, which means effectiveness of Mr. Shakti Singh is equally popular among selected all demography. As per the responses obtained and the researcher interaction with various athletes and administrators the effectiveness of Mr. Shakti was well recognized and his visions in the field of sports and specifically track and field is undeniable.

CONCLUSIONS

This interesting case study measured effectiveness of Arjuna Award recipient and chief coach at national centre of excellence, Patiala. There is no statistically significant difference between

groups of demographic variables, such as gender, and highest achievement, in relation to the administrative and sports promotion approach of Mr. Shakti Singh. This indicates that the effectiveness of Mr. Shakti Singh is equally popular among a selection of demographics. According to the comments that were collected and the researcher's interactions with a variety of players and administrators, the efficacy of Mr. Shakti was appropriately acknowledged, and his visions in the realm of sports, and more especially track and field, are incontestable. Mr. Shakti in his own words defined to produce the best possible sports infrastructure for athletes, where he insisted for buying best technology and training equipment's according to (Haribhoomi TV & @haribhoomitv, 2022) and as an promoter of sports Mr. Singh is identifying raw talent through various SAI schemes.

Conflict of Interest: No conflict of interest among authors.

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